

SEPTEMBER | 2019



JKL Bahweting School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	3 Lunch: French bread pepperoni pizza, carrots w/ dip, diced pears	4 Lunch: Meatball sub on wg bun, celery w/dip, chips, fruit cocktail	5 Lunch: Popcorn chicken, mashed potatoes w/gravy, banana	6 Lunch: Cheeseburger on wg bun, baked beans, grapes
9 Lunch: Sloppy joe on wg bun, tater tots, fruit cocktail	10 Lunch: Beef soft taco, carrots w/dip, chips & salsa, apple	11 Lunch: Ham & cheese on wg bun, chips, cauliflower w/dip, peaches	12 Lunch: Chicken on wg bun, baked beans, chips, strawberries	13 Lunch: Bosco sticks w/marinara, tossed salad, pears
16 Lunch: Hot dog on wg bun, French fries, grapes, cookie	17 Lunch: Beef, bean and cheese burrito, refried beans, chips & salsa, mandarin oranges	18 Lunch: Pepperoni calzone, celery w/dip, apple	19 Lunch: Spaghetti w/meatballs, bread slice, tossed salad, banana	20 Lunch: French bread pepperoni pizza, carrots w/ dip, diced pears
23 Lunch: Cheese stuffed pizza, celery w/dip, mandarin oranges, Go-Gurt	24 Lunch: Chicken and cheese quesadilla, refried beans, chips & salsa, grapes	25 Lunch: Cheese omelet, hash brown stars, fruit cocktail, blueberry muffin	26 Lunch: Grilled cheese, tomato soup, broccoli w/dip, applesauce	27 Lunch: Turkey & cheese on wg bun, chips, carrots w/dip, apple ½ day of school
30 Lunch: French bread pepperoni pizza, carrots w/ dip, diced pears	1 Lunch: Meatball sub on wg bun, celery w/dip, chips, fruit cocktail	2 Lunch: Popcorn chicken, mashed potatoes w/gravy, orange slices	3 Lunch: Cheeseburger on wg bun, baked beans, grapes	4 Lunch: Bosco sticks w/marinara, tossed salad, strawberries

Breakfast

Start your day off right with a well-balanced, nutritious breakfast offered every morning beginning at 7:45 am.

Students can choose from an assortment of whole grain-rich cereals, 8 oz. milk (1% or skim), 4 oz. 100% fruit juice and 4 oz. fruit and daily item offered each day (possible daily items include: bagels, string cheese, yogurt, muffin, hardboiled egg)

Lunch

Milk (8oz. skim white or skim chocolate) offered daily
Fresh Fruit & Veggie Bar
Available daily for grades 3rd – 8th

Possible choices available daily include: Romaine lettuce, carrots, celery, cucumbers, etc.

This institution is an equal opportunity provider.

Menu subject to change