

OCTOBER | 2021



JKL Bahweting School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1
4 Pepperoni Pizza Carrots sticks w/dip Fruit cup Milk	5 Hot dog on bun Chips Cauliflower w/dip Grapes Milk	6 Chicken&cheese quesadilla Tortilla chips w/salsa Celery w/dip Applesauce Milk	7 Chicken sandwich Chips Carrots w/dip Banana Milk	8 Corn dog Chips Fruit cup Celery w/dip Milk
11 Burrito Tortilla chips w/salsa Celery w/dip Apple Milk	12 Bosco sticks w/marinara Yogurt Cauliflower w/dip Fruit cup Milk	13 Hot dog on bun Chips Broccoli w/dip Banana Milk	14 Stromboli w/marinara Fruit cup Carrots w/dip Milk	15 Ham sandwich Chips Celery w/dip Applesauce cup Milk ½ day of school
18 Pepperoni Calzone Celery w/dip Fruit cup Milk	19 Hot dog on bun Chips Cauliflower w/dip Banana Milk	20 Chicken&cheese quesadilla Tortilla chips w/salsa Fruit cup Broccoli w/dip Milk	21 Hamburger on bun Chips Applesauce Carrots w/dip Milk	22 Corn dog Rice crispy treat Fruit cup Celery w/dip Milk
25 Bosco sticks w/marinara Yogurt Celery w/dip Apple Milk	26 Macaroni and cheese Cauliflower w/dip Fruit cup Milk	27 Pepperoni Calzone Celery w/dip Fruit cup Milk	28 Chicken sandwich Chips Cauliflower w/dip Banana Milk	29 Ham sandwich Chips Carrots w/dip Applesauce Milk ½ day of school

Breakfast

Breakfast is served in the classroom every morning. Breakfast items include whole-grain rich food items like cereal, frudel, mini donuts or a cereal bar. A complete breakfast also includes 8oz milk (1% or skim), 1 c fruit

Lunch

Lunch will be served in the cafeteria. Milk (8oz. skim white or 1% chocolate) is served as part of a complete lunch.

This institution is an equal opportunity provider.

Menu subject to change

As a CEP district, all JKL Students can eat breakfast and lunch for free!