



JANUARY | 2019

JKL Bahweting School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| 31 | 1 | 2 Lunch: French bread pepperoni pizza, cooked carrots, pears, strawberry delight cookie | 3 Lunch: Bosco sticks, chicken noodle soup, tossed salad, apple | 4 Lunch: Popcorn chicken, mashed potatoes w/gravy, banana |
| 7 Lunch: Sloppy joe on wg bun, tator tots, fruit cocktail, yogurt | 8 Lunch: Beef soft taco, refried beans, salsa, peaches, strawberry delight cookie | 9 Lunch: Swedish meatballs, noodles, bread slice, green beans, pears | 10 Lunch: Meatball sub on wg bun, chips, cooked carrots, applesauce | 11 Lunch: Chicken on wg bun, chips, broccoli w/dip, Jell-O |
| 14 Lunch: Hot dog on wg bun, pickle, French fries, peaches, strawberry delight cookie | 15 Lunch: Beef, bean & cheese burrito, refried beans, chips & salsa, pears | 16 Lunch: Rigatoni w/ meatballs, bread slice, tossed salad, fruit cocktail | 17 Lunch: Grilled cheese, tomato soup, celery w/dip, grapes | 18 Lunch: Turkey & cheese on wg bun, chips, carrots w/dip, applesauce ½ Day of School |
| 21 Lunch: Cheese stuffed pizza, mixed vegetables, pears, Go-Gurt | 22 Lunch: Cheeseburger on wg bun, pickles, baked beans, grapes | 23 Lunch: Popcorn chicken, mashed potatoes w/gravy, banana | 24 Lunch: French bread pepperoni pizza, tossed salad, peaches | 25 Lunch: Turkey & cheese on wg bun, chips, carrots w/dip, applesauce ½ Day of School |
| 28 Lunch: Cheese omelet, hash brown stars, fruit cocktail, blueberry muffin | 29 Lunch: Beef soft taco, refried beans, salsa, peaches, strawberry delight cookie | 30 Lunch: Bosco sticks, chicken noodle soup, tossed salad, apple | 31 Lunch: Chicken on wg bun, chips, green beans, Jell-O | 1 Lunch: Popcorn chicken, mashed potatoes w/gravy, banana |

Breakfast

Start your day off right with a well-balanced, nutritious breakfast offered every morning beginning at 7:45 am.

Students can choose from an assortment of whole grain-rich cereals, 8 oz. milk (1% or skim), 4 oz. 100% fruit juice and 4 oz. fruit and daily item offered each day (possible daily items include: bagels, string cheese, yogurt, muffin, hardboiled egg)

Lunch

Milk (8oz. skim white or skim chocolate) offered daily
Fresh Fruit & Veggie Bar
Available daily for grades 3rd – 8th

Possible choices available daily include: Romaine lettuce, carrots, celery, cucumbers, etc.

This institution is an equal opportunity provider.

Menu subject to change